



Toru: Tikanga

Atua

Curriculum Links

Science
English

Health and Physical Education
I.C.T

Get to know the atua

Do as many of these activities as you can? Getting to know the atua requires experiencing each of them in their environments. Get out in the rain, jump in puddles, feel the power of the wind and so on... After activities discuss, write or create a piece of art or poetry based on them.

- Look at the stars in the north eastern sky half an hour before the sun rises
- Watch the sun rise or set
- Sit down and look at a clear sky late at night
- Climb a tree
- Walk the length of a fallen tree
- Lay down in a paddock on a hot day
- Climb a big hill, then Roll or slide down a big hill
- Go on a nature walk at night
- Plant it, grow it, eat it
- Go for a swim in a river
- Light a fire and cook food on it
- Listen to the sound of a river at night
- Visit Rangiwakaoma (Castlepoint)
- Roll or run down a sandhill
- Run around in the rain
- Visit Mt Holdsworth and walk to Donnelly Flats
- Camp out in the wild
- Have a flax stick throwing competition
- Fly a kite
- Go crawlie, eel or trout spotting
- Gather and eat (safe) wild berries
- Swing on a rope swing
- Explore a rock pool at the beach or a river
- Observe kereru, pukeko or tui

- Sit by shaded stream for twenty minutes
- Have an insect hunt