# Te Wiki o te Reo Māori Māori Language Week









## He whakamārama About the logo

The 'Arohatia te reo' logo in the centre suggests commitment and passion for te reo Māori. The underpinning kaupapa is of aroha for te reo which denotes a sense of nurturing in order to grow.



The four arms surrounding the 'Arohatia te reo' logo not only symbolises the support and 'manaakitanga' that we show to one another, but also to our manuhiri who hail from the four winds – ngā hau e whā, around the globe.

As the arms encircle the logo, they emphasise the reciprocal nature of 'manaakitanga' – care, nurturing and hospitality. Arms and hands naturally accompany the language associated with welcoming others.

A red and black colour palette acknowledges the communities of Canterbury who have been adversely affected by  $r\bar{u}$  whenua / earthquakes and are on a journey of recovery from the mass devastation.

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### Nau mai *Welcome*

The Māori language is a national treasure to be shared and nurtured by all. It weaves a cultural cloak of identity for all New Zealanders. Arohatia te reo! Love the language! Manaakihia te reo! Cherish the language!

The theme of this booklet is **manaakitanga** and introduces you to some useful tips, words and phrases that you can use on the marae, at home, at parties with your friends and when meeting new people.

There are several phrases in English that are encompassed by the concept of manaakitanga.



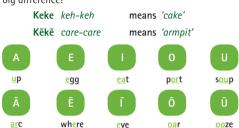
It's Rugby World Cup year and we'll be hosting visitors from all over the world. Pages 10-13 are dedicated to showing hospitality to overseas **manuhiri**. If you're one of those visitors, **Nau mai ki Aotearoa!** Welcome to New Zealand!

Kia ora, e hoa! Nau mai ki Aotearoa! G'day, mate! Welcome to New Zealand!

You'll find lots of examples of **te reo Māori** in this booklet that you can use with your hosts or visitors. **Kia kaha te kōrero Māori!** Speak Māori! It's a unique and beautiful language.

### Whakahuahua Pronunciation

You can show respect for a language by making an effort to learn how to pronounce the sounds of that language correctly. It's not so tricky with te reo **Māori** because the vowel sounds don't vary much. Once you've mastered each vowel sound, it becomes a question of how long or short to hold that sound for. It makes a big difference!



See what happens when 8 consonants and 2 consonant pairs (ng, wh) combine with vowels. You can make any word in the Māori language. Try some out!

| а   | e   | i   | 0   | u   | ā   | ē   | ī   | ō   | ū   |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| ha  | he  | hi  | ho  | hu  | hā  | hē  | hī  | hō  | hū  |
| ka  | ke  | ki  | ko  | ku  | kā  | kē  | kī  | kō  | kū  |
| ma  | me  | mi  | mo  | mu  | mā  | mē  | mī  | mō  | mū  |
| na  | ne  | ni  | no  | nu  | nā  | nē  | nī  | nō  | nū  |
| pa  | pe  | pi  | ро  | pu  | рā  | рē  | рī  | рō  | рū  |
| ra  | re  | ri  | ro  | ru  | rā  | rē  | rī  | rō  | rū  |
| ta  | te  | ti  | to  | tu  | tā  | tē  | tī  | tō  | tū  |
| wa  | we  | wi  | wo  | wu  | wā  | wē  | wī  | wō  | wū  |
| nga | nge | ngi | ngo | ngu | ngā | ngē | ngī | ngō | ngū |
| wha | whe | whi | who | whu | whā | whē | whī | whō | whū |

Visit www.korero.maori.nz to hear and practise the Māori alphabet.



## Te marae Visiting a marae



The marae is the traditional hub of Māori community life. There are several hundred marae spread across New Zealand. Gatherings held on the marae are called hui. When you are invited to visit a marae, it is important to prepare vourself for the experience.

Kei a wai te koha? Who is collecting the donations?

Ko wai te iwi o konei? Who is the local tribe? He aha te kawa o tēnei marae? What's the protocol of this marge?

He aha tā tātou waida? What's our song?

### What can I expect?

- A karanga (traditional call) before entering the gateway.
- Some wharenui (ancestral houses) are carved, others are not.
- Whaikorero (formal speeches) of welcome, held either outside or inside.
- Karakia (prayer) to begin and close the gathering.
- To formally greet the host people with a hongi (pressing noses) or hariru (handshake).
- Kai (light refreshments) after the powhiri (welcome ceremony).

### What's expected of me?

- Respect for the host people and the marae.
- A waiata (song) in support of your designated speaker.
- Attire appropriate for the occasion.
- A koha (contribution) towards the upkeep of the marae.
- Once you've been welcomed, make yourself at home.

## Manaakitanga i te marae Hospitality on the marae

#### **VISITORS**

Kua whai moenga koe?



Āe. Kia ora! Yes. Thanks!





Kei whea ngā wharepaku? Where are the toilets? Haria mai ō tūeke ki roto. Bring your bags inside.

Kei muri i te wharenui. Behind the meeting house.

Kei te hia āwhina? Would you like some help?



E pai ana. Kua karanga te tari o te ora. It's fine. Dinner's ready!

He tino reka te kai! That was delicious!

Tēnā koutou, e ngā ringawera. Thank you, cooks! Haere mai ki te tūtaki ki ngā ringawera. Come and meet the cooks.

## He mihi ki ngā ringawera Thanking the hosts

When you're leaving a host group, it's polite to acknowledge their manaakitanga (hospitality) with a mihi (acknowledgement) and waiata (song).

#### МІНІ

E ngā ringawera, tēnā koutou. Kei whea mai tā koutou manaaki mai! Kua puta a pito. Kua ora a ngākau. To the cooks, thank you. Your hospitality was outstanding. We've eaten to our heart's content.

#### **WAIATA**

Nanea ana a Tia
i tā te nihowera
Mokori anō kia rere a mihi
i tā te wahawaha
whiunga o haupa
namunamuā
Pura ana te kanohi o Tahuaroa
Tēnei a ruranga
horokukū ana te hoki ki te kāinga
He kaha nō te raupī mai (hi aue hi!)
whakauwhi mai

My appetite is satisfied by the extravagant food.
We are very grateful for the generosity and plentiful food, that was so delicious
And how well it was laid out!
Your visitors
are reluctant to return home
Such was the extent of your hospitality and kindness

Visit www.takatu.co.nz to practise the words with the tune.

**Did you know...** that the **poroporoaki** (farewell) process happens in the opposite order to the **pōwhiri** (welcome)? Hosts begin the speeches of welcome. Visitors begin the speeches of farewell.

## Manaakitanga i te kāinga Hosting at your place

Hosting visitors at your place is a little more informal than hosting visitors on the marae, but the principles of manaakitanga (hospitality) still apply no matter what the location.

As a host, try some of these phrases out with your next group of manuhiri (visitors).

Kuhu mai! Come on in!

He taora kei roto nei. There are towels in here.

Māu anō koe e kuhu. Help yourself.
Anei tō moenga. Here's your bed.

Kia kaha te kõrero Māori. Have a go at speaking Māori!



TIP: Keep checking back to the table on page 2 for some pronunciation tips. Kia kaha!

As a manuhiri, try some of these phrases with your host.

Kua kī taku puku. Māku e mahi kapu tī mā tātou. I tino au taku moe. Kei te pai noa iho ahau.

I'm full. I'll make us a cuppa. I slept like a baby! I'm fine. (No need to fuss).

## Manaaki Manuhiri i te pō whakangahau Responsible Hosting



Manaaki tangata is about caring for people as a host and includes how we serve and drink waipiro (alcohol). The goal is to keep the entire whānau safe when waipiro is around.

#### Tips for hosting at home:

- Set your expectations about not getting drunk in adance.
- Ease up on your own drinking so you can be a great host.
- Supervise the **tamariki**.
- Look after rangatahi (young adults) around alcohol.
- Look after your manuhiri.
- Plan to do things other than drink so waipiro is not the only focus.
- Provide some substantial kai not just potato chips.
- Serve interesting non-alcoholic drinks.
- Only refill empty glasses.
- Don't keep serving your guests until they're drunk.
- Appoint a bartender who can serve drinks and keep an eye on things.
- Set an end time and stick to it.

### Party games in te reo Māori

A waka paddled into the harbour with a cargo load of 'hākinakina' (types of sports). Everyone takes turns at adding to the list - in Māori or English. No repeats! He kēmu pai te kēmu tere! A good game's a fast game!

## Manaaki Manuhiri i te pō whakangahau Responsible Hosting

Tips for drinkers who are keen to 'ease up' on the waipiro:

- If you're worried about saying kāo (no) to a drink practise.
   Come up with quirky or humorous reasons why you're not drinking.
- If you are going to drink, set a limit of how much you will drink before you start - and stick to it.
- Alternate between waipiro and non-alcoholic drinks. Try some low alcohol drinks for a change.
- Try and have at least a couple of days a week when you choose not to drink.

#### Tips for hosting a special hui:

- Serve kai early and make it available throughout the hui.
- Limit the amount of alcohol on tables.
- Limit the amount of time the bar is open.
- Talk to caterers and bar staff about serving waipiro responsibly and keeping an eye on the crowd.
- Have a bar person.
- Put BYO waipiro behind the bar.

Kão. E pai ana



Call 0800 787 797 to talk - or visit the 'Ease up on the drink' section of <a href="https://www.alac.org.nz">www.alac.org.nz</a> for more information

### Manaaki Manuhiri Tūārangi Hosting Overseas Visitors

It's Rugby World Cup 2011 from the 9th of September to the 23rd of October where we get to put our **manaakitanga** skills to the test and host the world. Here's a challenge to test your knowledge of the four pools. See if you can guess by the spelling of the words or the line-up of flags, which countries are in which pool. You guessed it – **puna** is pool, and you know **Aotearoa** is New Zealand. 19 more to go! **Kia kaha!** 









### Manaaki Manuhiri Tūārangi Hosting Overseas Visitors

Games are being played in the centres highlighted on the map of **Aotearoa**. Practice what you might say to greet visitors coming to each town. **Kia kaha te kōrero Māori!** *Give it heaps, speaking Māori!* 



### Manaaki Manuhiri Tüärangi Hosting Overseas Visitors

The theme song, "World in Union" was written in 1991 especially for the Rugby World Cup. It heralds again this year the gathering of the nations in Aotearoal New Zealand. Try this Māori version next time you hear it.

#### He An i Tühonoa

He wawata ka rongohia he onge, pono rā Ko te ao i tūhonoa kotahitanga Huihui mai tātou kotahi te ngākau ngā iwi nō ngā tōpito tühono motu-kore

E kimi nei i ngā hua ka kitea taku toa pai tū, pai hinga kua tū rā, anā kua toa Ko te ao i tūhonoa kotahitanga Ka eke ki te karamata He ao hou ka rewa

Tū ana maunga teitei moana ngarungaru Me tū tangata i te ao Me tū rangatira Kia tū toa, kia tū māja hei whāinga mō te katoa pai tū, pai hinga kua tū rā, anā kua toa

Ko te ao i tūhonoa kotahitanga Ka eke ki te karamata

He ao hou ka rewa

Ko te ao i tūhonoa kotahitanga Ka eke ki te karamata He ao hou ka rewa Ko te ao he ao i honoa

He ao hou ka rewa

#### World In Union

There's a dream I feel so rare, so real All the world in union The world as one Gatherina together One mind, one heart Every creed, every colour once joined, never apart

Searching for the best in me I will find what I can be If I win. lose or draw There's a winner in us all It's the world in union The world as one As we climb to reach our destiny A new age has begun

We face high mountains Must cross rough seas We must take our place in history And live with dianity Just to be the best I can Sets the goal for everyman If I win lose or draw It's victory for all It's the world in union the world as one As we climb to reach our destiny A new gae has begun

It's the world in union the world as one As we climb to reach our destiny A new age has begun It's the world a world in union

A new age has begun

### Manaaki Manuhiri Tüärangi Hosting Overseas Visitors

### Te ngaringari a te motu

The National Anthem

You'll have plenty of opportunities to practise the National Anthem during Rugby World Cup 2011.

Kia kaha te waiata!
Sing with gusto!

E Ihowa Atua
o ngā iwi, mātou rā
Āta whakarongo nā
Me aroha noa
Kia hua ko te pai
kia tau tō atawhai
manaakitia mai
Aotearoa



### Haka: Ka Mate! Ka Mate!

Ka mate! Ka mate! Ka ora! Ka ora!

Tēnei te tangata pūhuruhuru Nāna nei i tiki mai (I) whakawhiti te rā Ā upane ka upane! Ā upane ka upane! Whiti te rā! Hī!

Composed by Te Rauparaha, Ngāti Toa Rangatira.



## Manaaki Tamariki Nurturing Children

Manaakitanga includes nurturing or developing children to be contributors to their communities. Whakataukī (proverbs) contain words of wisdom from a bygone era that still have relevance today.



Matua rautia te tamaiti!
One child, many parents.

In traditional times, each child had many parents. It was never left up to one or two adults to nurture a child in a community.

Matua rautia! Make sure each child has lots of positive parenting role-models.

If a tree was trampled by the moa, it would grow in a crooked fashion. The same applies to children. If children are nurtured to grow up with a strong sense of identity, they can achieve anything they set out to do. Culture and language are the cornerstones of identity.

Manaakitanga can be shown in lots of different ways. At the kai table, teach children how to listen to their puku (stomach). Allow kai time to digest by having a family korero (conversation), so the message of "Kua kī taku puku! I'm full" can get through.

Kai kia ora, kaua e kai kia pau! Eat until you're satisfied, don't eat until you're stuffed. Nā te moa i takahi te rātā. The moa trampled the rātā.



## Manaaki Tamariki Nurturing Children

Kaua mā te waewae tūtuki, engari mā te upoko pakaru rā anō.

Don't let a stubbed toe set you back

A positive outlook can enhance the well-being of children and get them off to a great start in life. Give these positive phrases a go in te **reo Māori**:

- Karawhiua! Have a go!
- Me whakawai, ka waia ai. Practise breeds familiarity.
- Pai tū, pai hinga, nāwai ka oti. Know both success and failure.
- Okea ururoatia! Don't give up!
- Tū whitia te hopo. Act in spite of fear.

Children love to be praised by parents or teachers. Avoid praise without a reason though. The lesson is – earn the praise and it'll be sweeter! Here are some **kupu mihi** (words of praise) for you to use when you catch kids doing great things.

He rawe to āwhina mai! You're a great helper! Koia kei a koe mõ te pānui pukapuka! Good reading skills!



Kātahi te tamaiti kaha ki te tuari! You're excellent at Sharing!

> Tau kē tēnā whakaaro! What a great idea!

Visit <u>www.triplep.net</u> for more positive parenting ideas.



## Manaakitanga i te Whānau Caring Families

He tina ki runga, he tāmore ki raro.
There is contentment in having a solid family foundation.

Whānau (family) activities are a great way to show manaakitanga (care for each other). Try these fun activities with your whānau:



Ō rangaranga (takeaways) at home . Whānau members take turns at preparing a meal that's just as quick as takeaways but twice as tasty. It's a race against the karaka (clock). Give your dish a creative Māori .



Mute the sound on the pouaka whakaata (TV) during the weather report. Pick a whānau member to get up and give the weather report using as many Māori words as possible.



Research your **tūpuna** (ancestors) and build a **rākau whakapapa** (family tree) on a wall-sized piece of paper.



He korero, he kai - Dinner conversation.

I pēhea tō rā i te kura! How was your day at school?

Me aha tatou a nga ra whakata? What shall we do on the weekend?

I kite au i tëtahi mea rerekë i te rā nei. I Saw Something strange today.

Tēnā homai te wai māori. Pass the water please.

I aha koe i te rangi nei? What did you get up today?

## He aituā whawhati tata Emergencies



## Manaaki Taiao Caring for the environment

Toitū te whenua, whatungarongaro te tangata. As humans come and go, the land remains constant.

**Ranginui** – Sky father and **Papatūānuku** – Earth mother are the parents of humanity. Together they form the taiao (environment) and must be cared for, if they are to continue sustaining humanity.

Here are three easy ways we can show **manaakitanga** (respect, care) for our environment.

- 1. Whakamahia ngā rauemi (reuse)
- 2. Whāia ngā tikanga tukurua (recycle)
- 3. Kia para-iti (reduce waste)

Manaakihia te taiao. Care for the environment.



## Manaaki Taiao Caring for the environment

Me pēhea taku manaaki i te taiao?

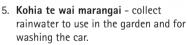
How can I care for the environment?

### He Tikanga Tukurua Recycling tips

- Haria tō takawai take a reusable coffee cup to the cafe.
- Whakakīa tō ipu wai refill an ecofriendly drink bottle with water to reduce the amount of plastic bottles of water you buy.
- 3. **Tāngia ngā taha e rua** print on both sides of a piece of paper.
- Tühia te kupu 'PAPA' ki runga ipu para

   write 'LANDFILL' on your rubbish bin to
   remind you where your rubbish will end up.





- 6. Whakapotohia ngā uwhiuwhi reduce shower times from 15 to 10 minutes.
- Me para-kore te kaupapa have a 'zero-waste' week as a family.
- 8. Whakamahia he pēke papangarua use cloth shopping bags for groceries.
- 9. Tiakina te hiko conserve electricity.
- Whakawetohia ngā rama turn off lights and appliances that don't need to be on.



## Manaaki Kaumātua Caring for elders

As we grow older, our need for whānau support grows also. Showing respect or manaakitanga for kaumātua (elders) can occur in many different ways.

Here are some tips and phrases for whānau:

- Organise a whānau roster of regular visits and phone calls.
- Volunteer as a taraiwa (driver) for an outing or running errands.
- Contact your regional or iwi health provider to check out their services for elderly.
- Kia manawanui (Be patient) Kia māhaki (Be kind).
- Know your kaumātua and their medication regime.
- Arrange a pamper day including a hair style, pedicure, mirimiri (massage) or a bit of hokohoko (shopping).

Anei ētahi pūhā mō tā tāua tina. Here's some pūhā for our lunch. E pëhea ana koe i tënei ata? How are you this morning?

Kei hea ō rongoā? Where is your medicine?

Me haere taua ki te taone. Let's go to town.

Hoake tāua ki te hokohoko! Let's go shopping!

Māķu koe e taraiwa ki te hui. I'll drive you to the hui.





## He Rārangi Kupu Glossary

aituā whawhati tata aroha hākinakina hariru hokohoko hongi hui iwi kai kāinga karakia karanga

kawa koha korero maha makona manaakitanga

kaumātua

manuhiri tūārangi marae mihi nā o rangaranga para para-kore pito pō whakangahau

pōhiri, pōwhiri

pouaka whakaata

poroporoaki

puku

emergency love, compassion sports handshake shopping press noses gathering tribe food, to eat home prayer, incantation traditional call

elder (both male & female) protocols donation, gift speak

visitor

satisfied, content satisfied, content care, nurturing, respect, hospitality

visitor from afar village acknowledgement satisfied, content satisfied, content takeaway food waste

zero waste belly button social evening, party welcome ceremony farewell

tarewell television stomach rangatahi
rauemi
ringawera
rongoā
rū whenua
taiao
tamariki
tikanga
tukurua
waiata
waipiro

whānau wharenui wharepaku

whakapapa

youth resources cooks, chef medicine earthauake environment children practices recycle sona, to sina alcohol aenealoav. family tree family ancestral house toilets

### He Rauemi Reo Māori Māori language resources

Here are some key resources to help you on your journey of learning te reo Māori.

### Akoranga / Courses

There are community-based Māori language courses for beginners on offer throughout the country. Check out **Te Ara Reo Māori at Te Wānanga o Aotearoa** <a href="https://www.twoa.ac.nz">www.twoa.ac.nz</a> and **Te Ataarangi** <a href="https://www.teataarangi.org.nz">www.twoa.ac.nz</a> and **Te Ataarangi** <a href="https://www.torero.maori.nz">www.teataarangi.org.nz</a> or visit <a href="https://www.korero.maori.nz">www.korero.maori.nz</a> to find information on a range of Māori language courses currently on offer.

#### Papa Kupu / Dictionaries & Rauemi / Products

www.korero.maori.nz www.maoridictionary.co.nz www.reotupu.co.nz www.haemata.co.nz www.kmk.maori.nz He Pātaka Kupu monolingual dictionary an online English-Māori dictionary an online dictionary for subscribers Māori language products for families Kotahi Mano Kāika

### Te Ao Pāpāho / Media

Even horses speak Māori on Māori Television! Tune in to Mr Ed and the wide range of Māori language shows to increase your exposure to te reo Māori. Take time out to listen to local iwi radio or read magazines and newspapers with Māori language content.

www.tereo.tv/ www.maoritelevision.com www.irirangi.net

www.maorimedia.co.nz

watch Te Reo Channel programmes watch Māori Television programmes listen to a Māori radio station in your region check out a range of Māori publications





