**Tools: Safe as... Behaviour log**

***Note:*** *This is not an activity. It is the Log Book entry that students complete every time they undertake a rock climb or abseil. It needs to viewed in conjunction with the case study: Rock climbing: a school – based year 11 outdoor education experience.* ***(link to the case study)***

**Year 11 Outdoor & Physical Education**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Achievement Standard 90968 (PE 1.7): Demonstrate and describe responsible behaviour for safety during Outdoor Education activities.**

**Level:** 1 **Credits:** 3 **Assessment:** Internal

This achievement standard requires you to demonstrate and describe responsible behaviours for safety during outdoor activities. This demonstration of responsible behaviour will take place throughout two different units of work, rock climbing and abseiling in Term 2 and kayaking in Term 3.

|  |  |  |
| --- | --- | --- |
| Achievement | Achievement with Merit | Achievement with  Excellence |
| Demonstrate and describe responsible behaviour for safety during outdoor education activities. | Demonstrate and explain responsible behaviour for safety during outdoor education activities. | Consistently demonstrate and evaluate responsible behaviour for safety during outdoor education activities. |

**Student Instruction Sheet**

**Introduction:**

This achievement standard requires you to demonstrate responsible behaviours for safety as you participate in outdoor activities. Following each outdoor activity, you will evaluate your behaviour to judge whether your behaviours resulted in physical and/or emotional safety for yourself and others.

**Task 1: Choose and identify your responsible behaviours for safety**

* Consider the behaviours listed in Resource 1: Responsible Behaviours for Safety.
* Identify two behaviours from the list that you would like to develop. Complete a Y-chart for your two selected behaviours.

**Task 2: Demonstrate your responsible behaviour**

* This task requires you to demonstrate your selected responsible behaviours for safety as you participate in the outdoor activities that your teacher has set. Your teacher will observe you and make a judgement on your ability to demonstrate these responsible behaviours consistently.

**Task 3: Evaluation of my behaviour after each practical session**

* After completing each outdoor activity, evaluate your performance by completing your behaviour log book.

**Task 4: Evaluation of responsible behaviour at the end of the unit (homework task)**

* At the end of the unit, evaluate your behaviour throughout the unit.
* Identify the outdoor activity you participated in.
* Identify the responsible behaviour for safety that you demonstrated.
* State whether your behaviour resulted in physical and/or emotional safety, giving specific examples.
* Explain how and why your behaviour/s resulted in physical and/or emotional safety.
* Evaluate the overall impact of your behaviour on physical and/or emotional safety.

**Introduction**

* Complete this after class discussion.

What is safety?

Physical safety (taha tinana pareora):

Emotional safety (taha hinengaro pareora):

**Resource 1: Responsible Behaviours for Safety**

Responsible behaviours for safety may include but are not limited to:

* Co-operation with others – how I work with others.
* Self-management – being on time, right place, bringing the right gear.
* Following instructions – doing what has been requested.
* Care of equipment –- using equipment appropriately.
* Appropriate communication – how I talk to and respond to others.
* Team/Group work – how I work with others for a common purpose.
* Assisting and supporting others – helping others out and encouraging them.
* Tolerance – being patient and respectful.
* Conflict resolution – dealing with issues between other people in a responsible and appropriate way.

**Task 1: Choosing and identify my responsible behaviours for safety during rock climbing and abseiling.**

* Identify two different responsible safety behaviours from Resource 1 that you will work on developing during rock climbing and abseiling.
* Complete the Y-chart for each behaviour, so you know what you will have to do to demonstrate these behaviours.

|  |
| --- |
| **Responsible behaviours for safety that I need to work on developing during rock climbing/abseiling:**  **1.**  **2.** |
| **My Y chart for: Behaviour 1 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Looks like  Feels like  Sounds like |

|  |
| --- |
| **My Y chart for: Behaviour 2**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Looks like  Sounds like  Feels like |

**Task 3: Quick evaluation of my behaviour after each practical session.**

|  |  |
| --- | --- |
| **Date:** | **Activity:** |
| **Responsible Behaviour/s for safety that I demonstrated today:** | |
| **Did your behaviour/s result in physical and emotional safety for you and others?**  **No ------- A little bit -------- Quite a bit --------- Yes absolutely**  **☹ 😐 ☺ ☺☺** | |
| **How did your behaviour/s cause physical and emotional safety for you and others?** | |
| **What was the impact of your behaviour on physical and/or emotional safety for you and others?** | |