

# TE AO KORI

The world of movement



E Rangi,

*Sky father,*

E Papa,

*and earth mother,*

E te whanau atua,

*and your family,*

Whakatohia ko koutou Manaakitanga

*infuse your blessings*

Ki roto i tenei mahi o matou.

*upon this work.*



# WĀ TĀKARO *Play time*

## TAEA WHAI NGAHAU *Let's have fun*

These games, sports and pastimes here have been played for a long time by people all around the world. They have provided participants with hours of fun while supporting good health and strong relationships.

You might already do some of them or they might be new.

If you give them a go you can make equipment using traditional materials or new ones. It doesn't really matter as long as you have fun and stay safe.

If you are an early childhood centre or school and you encourage children to do any of the games etc you will be carrying on an important part of Māori culture that has always been used to raise happy, healthy, skilful children. Even better is an adult joins in.

Some can be done inside but why not get outside and interact with the atua.



# GAMES, SPORTS AND PASTIMES

Amo *litter*

Haka

Kauhoe *swimming*

Whaka heke ngaru *surfing*

Kaipara *athletics*

Kopapa *boogie board*

Whakaterere waka *canoe races*

Kōkiri *diving*

Koruru *knuckle bones*

Manu tukutuku *kites*

Moari *giant swing*

Oma *running*

Pāoro nui *large ball*

Pāoro iti *small ball*

Peka *darts*

Pī rori *hoops*

Pīoi or tiemi *see saw*

Piu *skipping*

Pōtaka tāwhip *tops*

Pōtaka tākiri *humming tops*

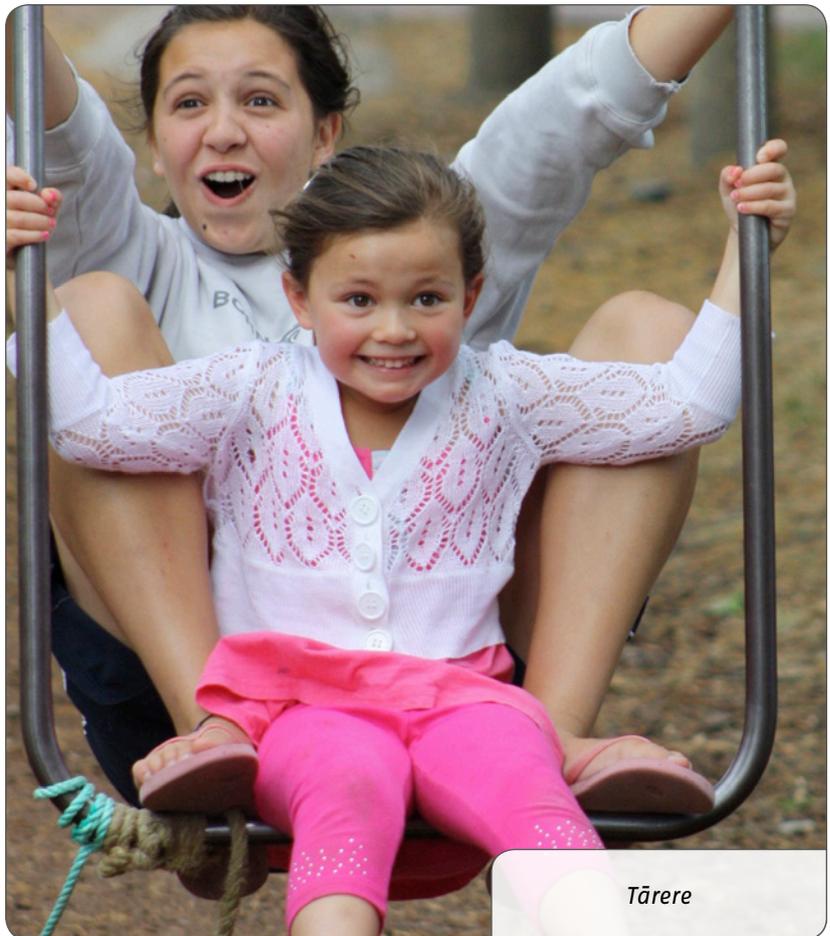
Pōteketeke *acrobatics*

Pouturu or poutoti *stilt walking*

Punipuni *handgames*

Raupo *bull rush*

Ruru *knuckle bones*



Tāreere



Raupo and Wī

Koi *sledge*

Tāreere *swing*

Taupunipuni *hide and seek*

Teka *darts*

Tī rākau or titi tourea *stick games*

Tī ringaringa *hand games*

Whai *string games*

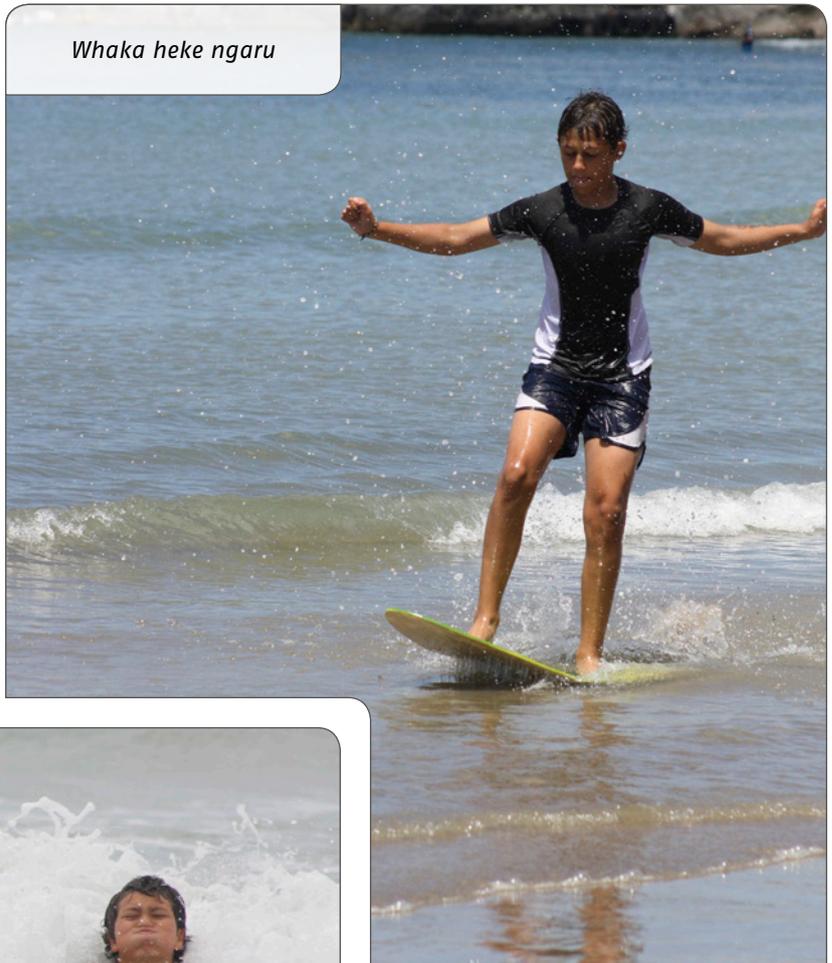
Whakaeke rakau *tree climbing*

Whakatinana Mai *dance it out*

Whatoto *wrestling*

Wī *tag*

Whaka heke ngaru



Kopapa



Tī rākau or titi tourea

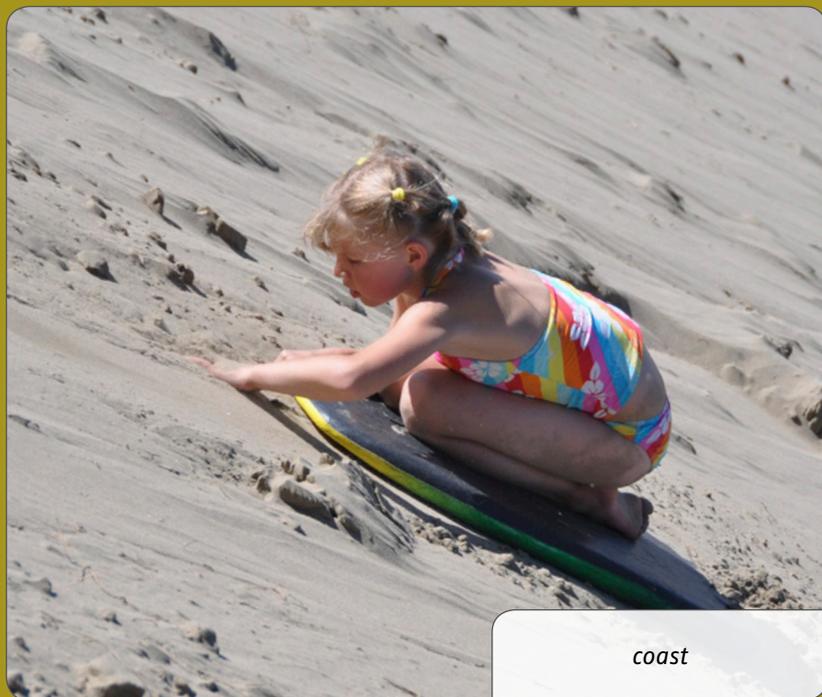
EXPLORE YOUR PLACE. GO OUTSIDE.  
PLAY IN YOUR GARDEN, A PARK, FIELD,  
RIVERS, LAKE, COASTLINE, FOREST.



*garden*



*field*



*coast*

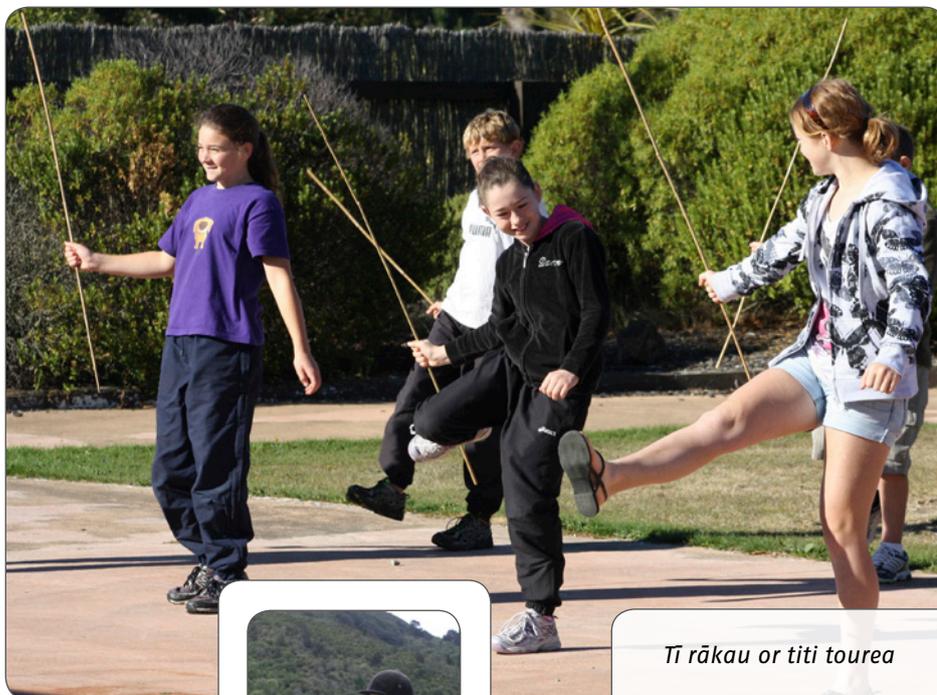


*forest*

THERE IS SO MUCH TO DO.



Whakatinana Mai



Ti rākau or titi tourea





PĀORO NUI  
*large ball*

## BALL GAMES



PĀORO ITI  
*small ball*

